

The board values the health and well-being of school system staff and accepts the key role it can play in supporting healthy lifestyles for all staff members. In an effort to maintain a work environment that fosters positive health behaviors, the board has established a coordinated school health program. The board supports high-quality nutrition, physical activity, tobacco cessation, stress management, and breastfeeding programs that improve the physical, mental, emotional, and occupational well-being of staff members.

The superintendent shall maintain procedures to carry out the goals of this policy in collaboration with the school health advisory council. The procedures will include a plan to evaluate the effectiveness of programs and environmental change, along with the integration of this policy into the overall coordinated school health program.

Legal References:

Cross References:

Adopted: November 7, 2016